

Glenstal Abbey – Limerick – Residential

Glenstal Abbey is one of Ireland's most prestigious Residential Boarding Schools. Our International Junior Summer Camp at Glenstal Abbey provides students with the opportunity to experience life on this historic campus.

Dates: 2nd July to 28th July 2018
Ages: 11 years to 17 years of age
Location: Glenstal Abbey, Limerick
Camp: Residential Junior Summer Camp

Highlights

- Students immersed into way of life in a historic Irish Boarding School
- Students learn new life skills, challenge themselves and gain confidence, respect and independence
- High level of academics with progression focused English Language Classes
- Students live in a safe rural location with full time supervision
- Students mix with children from all over the world and have opportunity to mix with Irish teenagers
- Great choice of electives including extra academics, sports and Irish focused classes
- Our Ethos is Team Building and International Immersion

Intercultural Irish Teenage Programme

As part of our continuous efforts to maintain high quality classes and to enhance our student's intercultural experience, we have weekly lessons called the Intercultural Teenage Programme. Irish, teenage students will join lessons to lead an exercise alongside teacher which allows our students the opportunity to connect with Irish teenagers, their peers and we have had an incredibly positive response to this programme.



Glenstal Abbey Sample Timetable

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8.00am			Wake Up Call			Sleep in	
8.35am		Morning Meeting with Principal				Wake Up Call	
8.45am		Breakfast in Main Dining Hall				Breakfast in Main Dining Hall	
9.15am - 12.30pm		English Language Class International Classes, Levels A1 – C1				Sample Full Day Excursions Depart 9am Home 6pm	
Break		Free Time to Socialise with Friends					
1.00pm - 2.00pm		Lunch in Main Dining Hall					
2.00pm – 5.30pm		Afternoon Outdoor Activity Programme					
	Adventure	Nature	Relax	Kayaking	Active		
	Professional Outside Adventure Activities On Site	Ecology & Outdoor Survival Skills	Off Campus Shopping & Free Time in Limerick	Kayaking, Paddle Boarding, Indoor Swimming	Volleyball, Football, Tag Rugby, Tennis, Basketball	Galway City Walking Tour	Blarney Castle, Cork
						Dublin City Walking Tour	Cork City Walking Tour
						Cliffs of Moher & Connemara (UNESCO Site)	Kings John's Castle
Break		Free Time to Shower, Prepare for Dinner and Call Home					
6.00pm - 7.00pm		Dinner in Main Dining Hall					
7.30pm – 9.30pm		Evening Elective Skill Option & Social Programme					
	Elective	Social Activity	Elective	Social Activity	Social Activity	Social Activity	Social Activity
	Irish Cookery Practical Science Dance Class Archery Music Class Golf - Pitch & Putt Arts & Crafts Gaelic Football English Class	Movie & Popcorn Table Tennis Tournament Pool Tournament Board Games	Irish Cookery Practical Science Dance Class Archery Music Class Golf - Pitch & Putt Arts & Crafts Gaelic Football English Class	Talent Show	Table Quiz or Karaoke	Graduation Ceremony & Disco	Movie Night & Team Building
9.30pm – 10.00pm		Wind Down Free Time					
10.00pm		Return to Dorms for House Meeting & Prepare for Bed					
10.30pm		Lights Out					



The stunningly beautiful woodland and parkland offer unique opportunities for outdoor activities and exploration.

